South Cambridgeshire Hall Cambourne Business Park Cambourne Cambridge CB23 6EA

t: 03450 450 500 f: 01954 713149

dx: DX 729500 Cambridge 15 minicom: 01480 376743 www.scambs.gov.uk

20 January 2016



**South Cambridgeshire**District Council

To: Councillor Mick Martin, Portfolio Holder

David Bard Scrutiny and Overview Committee
Anna Bradnam Opposition Spokesman
Janet Lockwood Opposition Spokesman

Dear Sir / Madam

Appendix 2 of the Active & Healthy 4 Life Report contained errors, which are corrected in the attached version, marked Replacement Appendix 2

Yours faithfully **JEAN HUNTER** Chief Executive

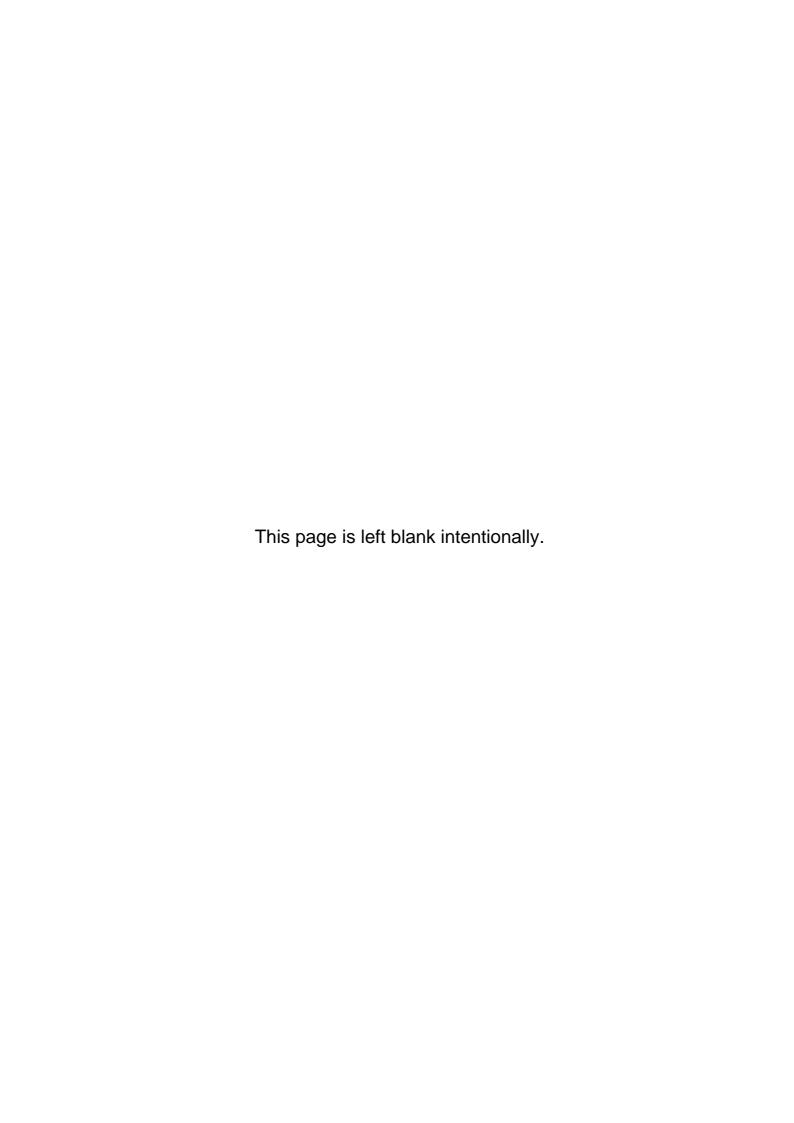
Requests for a large print agenda must be received at least 48 hours before the meeting.

## **AGENDA**

**PAGES** 

4. Active & Healthy 4 Life (Exercise Referral) Scheme (Replacement Appendix 2)

1 - 2



## Active & Healthy 4 Life Report to Portfolio Holder Meeting 28 January 2016 Appendix 2 FINAL (This replaces version circulated earlier) **Sports Centres currently operating Active & Healthy 4 Life scheme with recommendations**

Sports Centre	Recommendation	2015/16 referral data relative to 2014/15
Cambourne	Review over coming months	Referrals are down year on year.
		Communication with this centre has been an issue, and no referral data has been supplied to date. The instructor left in December 2015.  A new instructor is due to start on Feb 2016. This instructor already works at a number of centres where she is very pro-active. We anticipate this will have a positive impact at this centre.
Comberton	Continue as a prime location	An increase in referrals year on year due to a new instructor and local surgery presentation.
		Communication with this centre has been an issue. The instructor left in September 2015. A new instructor started in October 2015, and this, along with a very positive meeting at the GP surgery, has led to an improved rate of referrals.
Cottenham	Review over coming months	This centre was using level 2 qualified instructors. As a consequence a new instructor appropriately qualified at level 3 referral started in September 2015. We are monitoring this to see if referral rates improve as this centre has historically had a low level of referrals.
enton Ge 1	Close	This centre was piloted from April 2015. Despite a visit to the local GP surgery and significant local promotion (leafleting, Open Day and press release), referrals to this centre have been insufficient for it to be financially viable for the centre.
Gamlingay	Review over coming months	Review to identify the reasons why the centre has diminishing numbers of patients accessing the scheme, and whether this trend can be reversed.
Impington	Continue as prime location	Referrals are on target to match 2014/15 due to a new referral manager and instructor staff who have been in place from April 2015. This centre is relatively recent and the scheme continues to develop. A meeting with the local surgery is scheduled for 18 January.
Linton	Review. Continue to make efforts to communicate with this centre to establish the future of the scheme.	The scheme was suspended by the centre in June 2015 following the departure of the instructor. Following a meeting in July 2015 the centre was not prepared to continue the scheme until their new financial year, September 2015. The manager subsequently left and despite efforts to contact the centre no communication has been forthcoming.
		Historically, prior to 2014/15 the centre had a much lower level of referrals. The instructor in 2014/15 was hugely proactive in communicating with the local surgery to generate the high number of referrals.
		No funding support has been given for the year 2015/16.
Melbourn	Continue as prime location	This centre has run with very consistent staffing and reporting, and links proactively with local health professionals and residents.
Sawston	Continue as prime location	Referrals are on track to match or exceed 2014/15. This centre has run with very consistent staffing and reporting,

## Active & Healthy 4 Life Report to Portfolio Holder Meeting 28 January 2016 Appendix 2 FINAL (This replaces version circulated earlier)

	·	and links proactively with local health professionals and residents.
Swavesey	Continue as prime location	On track to match 2014/15/ Despite consistent staffing and reporting, number of referrals remain low at this centre.
		We are planning to work more closely with this centre.